

PE Curriculum Overview Whole School

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
R	Co-ordination: Footwork Static Balance: One Leg Games	Dynamic Balance: Jumping and Landing Static Balance: Seated Games	Dynamic Balance: On a Line Static Balance: Stance Games	Co-ordination: Ball Skills Dynamic Balance: With a Partner Games	Co-ordination: Sending and Receiving Agility: Reaction / Response Games	Agility: Ball Chasing Static Balance: Floor Work Games
1	Co-ordination: Footwork Static Balance: One Leg Games	Dynamic Balance: Jumping and Landing Static Balance: Seated Games	Dynamic Balance: On a Line Static Balance: Stance Games	Co-ordination: Ball Skills Counter Balance: With a partner Games	Co-ordination: Sending and Receiving Agility: Reaction/ Response Games	Agility: Ball Chasing Static Balance: Floor Work Games
2	Co-ordination: Footwork Static Balance: One Leg Games	Dynamic Balance: Jumping and Landing Static Balance: Seated Games	Dynamic Balance: On a Line Static Balance: Stance Games	Co-ordination: Ball Skills Counter Balance: With a partner Games	Co-ordination: Sending and Receiving Agility: Reaction/ Response Games	Agility: Ball Chasing Static Balance: Floor Work Games
3	Co-ordination: Footwork Static Balance: One Leg Swimming	Dynamic Balance: Jumping and Landing Static Balance: Seated Swimming	Dynamic Balance: On a Line Co-ordination: Ball Skills Games	Co-ordination: Sending and Receiving Dynamic Balance: With a Partner Games	Agility: Reaction/ Response Static Balance: Floor Work Games	Agility: Ball Chasing Co-ordination: Sending and Receiving Games
4	Co-ordination: Footwork Static Balance: One Leg Swimming	Dynamic Balance: Jumping and Landing Static Balance: Seated Swimming	Dynamic Balance: On a Line Co-ordination: Ball Skills Games	Co-ordination: Sending and Receiving Dynamic Balance: With a Partner Games	Agility: Reaction/ Response Static Balance: Floor Work Games	Agility: Ball Chasing Co-ordination: Sending and Receiving Games
5	Co-ordination: Ball Skills Agility: Reaction/ Responses Swimming	Static Balance: Seated Static Balance: Floor Work Swimming	Dynamic Balance: On a Line Counter Balance: On a Line Games	Static Balance: One leg Dynamic Balance: Jumping and Landing Games	Static Balance: Stance Co-ordination: Footwork Games	Agility: Ball Chasing Co-ordination: Sending and Receiving Games
6	Co-ordination: Ball Skills Agility: Reaction/ Responses Games	Static Balance: Seated Static Balance: Floor Work Games	Dynamic Balance: On a Line Counter Balance: On a Line Games	Static Balance: One leg Dynamic Balance: Jumping and Landing Games	Static Balance: Stance Co-ordination: Footwork Games	Agility: Ball Chasing Co-ordination: Sending and Receiving Games